1. Mad River Pump Station #4
The Pump Station is a 9-hole course located along the Mad River between Arcata and Blue Lake. It can be reached from Giuntoli Lane by taking a left at the “T” onto West End Rd., a left onto Warren Creek Rd., and a left into the gravel parking lot.

2. Redwood Curtain
The Redwood Curtain is an 18-hole course located along the western boundary of the Arcata Community Forest in the redwood-covered hill above HSU. The course kiosk can be found across from the entrance to the Redwood Science Lab. A guide is needed for first-timers. Random doubles are played Sundays at 11:11 a.m.

3. Cooper Gulch
The Gulch, also known as “Coop's” or “Cooper's,” provides a technical 9-hole course at a city park in the heart of Eureka. Random doubles (18 holes) are played on Wednesdays. Show up at 4:45 for registration.

4. College of the Redwoods
Located on the College of the Redwoods campus south of Eureka, the first tee can be found on the southern side of campus near the entrance to the football stadium and track. Parking is $1 and free during the summer. A weekly tag match is held Saturdays at noon.

5. Manila Bay
The Manila Bay course is a seasonal 9-hole course located on the peninsula with vistas encompassing the bay from Arcata to Eureka. Random doubles (9 holes per round) are played on Thursdays. Show up at 4:45 p.m. for registration.

6. Steelhead in Willow Creek
Located in the city of Willow Creek, the 9-hole Steelhead Course is off Hwy 299 at the end of Willow Rd. Depending on the time of year, you can also pick fruit — apples, pears, plums and blackberries — while you golf.

7. The Canopy in Garberville
Southern Humboldt’s course is located near Tooby Park down the hill from Garberville. The Canopy offers a breathtaking view from the first hole and has elevation, long drives and tight fairways. Just be prepared for some poison oak.

~Courtesy of Par Infinity Disc Golf Club~